

Plenty Parklands Primary School Canteen Menu 2021

Orders can be placed on QKR or please write child's name, room number, order and any allergies or special dietary requirements clearly on a brown paper lunch bag. Lunch bags can be provided for 10c extra.

☺ SANDWICH & SALAD BAR

White or Wholemeal Bread
Roll, Wrap or Gluten Free Bread add 50c
 Ham, Chicken, Tuna, e.g. or
 Salad (lettuce, tomato, carrot,
 beetroot, cucumber) \$3.50
 Vegemite, tomato or cheese \$2.00
 Egg & Lettuce \$3.00

☺ Extras (add)

Cheese, tomato, grated carrot, cucumber, or
 beetroot 30c
 Vegemite 30c
 Ham, or egg 50c
 chicken, tuna, avocado \$1.00
 Toasted sandwiches (add) 30c
 Toasted baked beans \$3.00

Garden Salad tub \$4.50
 Caesar salad \$4.50
 Seasonal fruit salad tub \$4.50

* BURGERS

Please note beef burgers are home made
 Burger; Beef/Chicken/Veggie/Fish \$4.00

☺ Extras (add)

Cheese, tomato, grated carrot, beetroot or
 lettuce 30c

* SAUCES

Tomato, sweet chilli and soy sauce,
 mayonnaise or salad dressing 30c

* HOT FOOD

Hot chicken roll or wrap \$4.00
 ☺ Extras add
 Cheese, tomato, grated carrot, beetroot or
 lettuce 30c

Home made Lasagne \$4.80
 Home made macaroni cheese \$4.80
 Home made Spaghetti Bolognese \$4.80
 Home made Fried Rice (no meat) \$4.30
 Pizza Margherita \$3.00
 Pizza –Hawaiiin, Meatlovers,
 BBQ chicken or vegetarian \$3.50
 Hot dog \$3.00
 Dino Snacks 3 pack \$3.00
 6 pack \$4.50
 Meat pie \$3.50
 Home made sausage roll \$3.50
 Pastie \$3.50
 Party pie \$1.00
 Home made party sausage roll \$1.00
 Steamed Dim Sim \$1.00
 Patizzi-Ricotta \$1.00
 Corn Cob \$1.00

* HALAL

Chicken Dino (steggles) 3 pack \$3.00
 6 pack \$4.50
 Chicken/Fish burger \$4.00
 ☺ Extras add
 Cheese, tomato, grated carrot, beetroot or
 lettuce 30c
 Hotdog (Vic Halal Meats) \$3.50

* GLUTEN FREE

Meat Pie \$4.50
 Bolognese pasta \$4.80
 Chicken tenders \$2.00
 Chicken Burger \$4.50
 Choc chip cookie \$1.00
 Delites (sour cream, salt & vinegar,
 Sweet chilli) \$1.00
 Sandwich –see under sandwich bar

* DRINKS (lunch orders only)

☺ Chocolate or strawberry milk \$2.00
 * 200ml juice varieties
 Apple, orange, apple & blackcurrent,
 tropical \$2.00
 Focus Water, lemonade, raspberry,
 fruit tingle \$2.00

* SNACKS

(lunch order and over the counter)

☺ Frozen orange quarter 30c
 ☺ Frozen pineapple ring 50c
 ☺ Seasonal fruit available \$1.00
 ☺ Apple Slinky \$1.00
 ☺ Watermelon Tubs \$3.00
 ☺ Hard Boiled Egg \$1.00
 * Variety of popcorn flavours \$1.20
 * Variety of JJ Snacks \$1.20
 * Home made muffins mini 50c
 * Home made Cookie choc chip \$1.00
 * Home made Yumballs \$1.00



Over the counter only

- * Paddle pop icy twist \$1.20
- * Rainbow Paddle pop \$1.70
- * Chocolate Paddle pop cup \$2.20
- * Calippo mini \$1.20
- * Zing Yoghurt Bar \$1.00
- * Moozie, \$1.00
- * Zupper Dupper 50c
- * Frozen Yoghurt tubs \$2.00
- * Frozen jelly fruits 50c

Some items may contain traces of nuts

Prices are subject to change and include GST

☺ Everyday choices

* Choose carefully

Please ensure correct money and only

Australian money is used for the lunch order.

Change will be given.

Your child may miss out on an item of choice if not enough money is enclosed.

Example Order

<i>Natalie Williams</i>	<i>Room 5</i>
<i>1 x chicken burger</i>	<i>\$4.00</i>
<i>With lettuce</i>	<i>.30</i>
<i>Tomato</i>	<i>.30</i>
<i>Mayonnaise</i>	<i>.20</i>
<i>1 x chocolate milk</i>	<i>\$2.00</i>
<i>1 x paper bag</i>	<i>.10</i>
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	<i>\$6.90</i>