

Plenty Parklands Primary School Canteen Menu 2019

Orders can be placed on QKR or please write child's name, room number, order and any allergies or special dietary requirements clearly on a brown paper lunch bag. Lunch bags can be provided for 10c extra.

☺ **SANDWICH & SALAD BAR**

White or Wholemeal Bread

Roll, Wrap or Gluten Free Bread add 50c

Ham, Chicken, Tuna, e.g. or

Salad (lettuce, tomato, carrot, beetroot, cucumber) \$3.50

Vegemite, tomato or cheese \$2.00

Egg & Lettuce \$3.00

☺ **Extras (add)**

Cheese, tomato, grated carrot, cucumber, or beetroot 30c

Vegemite 30c

Ham, or egg 50c

chicken, tuna, avocado \$1.00

Toasted sandwiches (add) 30c

Toasted baked beans \$3.00

Garden Salad tub \$4.50

Cesar salad \$4.50

Seasonal fruit salad tub \$4.50

***BURGERS**

Please note beef burgers are home made

Burger; Beef/Chicken/Veggie/Fish \$4.00

☺ **Extras (add)**

Cheese, tomato, grated carrot, beetroot or lettuce 30c

***SAUCES**

Tomato, sweet chilli and soy sauce, mayonnaise or salad dressing 20c

*** HOT FOOD**

Hot chicken roll or wrap \$3.50

☺ **Extras add**

Cheese, tomato, grated carrot, beetroot or lettuce 30c

Home made Lasagne \$4.50

Home made macaroni cheese \$4.50

Home made Spaghetti Bolognaise \$4.50

Home made Fried Rice (no meat) \$4.00

Pizza Hawaiian/Margherita \$3.00

Hot dog \$3.00

Dino Snacks 3 pack \$3.00

6 pack \$4.50

Meat pie \$3.50

Home made sausage roll \$3.00

Pastie \$3.50

Party pie \$1.00

Home made party sausage roll \$1.00

Steamed Dim Sim \$1.00

Patizzi-Ricotta \$1.00

Corn Cob \$1.00

*** HALAL**

Chicken Nugget (Baiada) 3 pack \$3.00

6 pack \$4.50

Chicken/Fish burger \$4.00

☺ **Extras add**

Cheese, tomato, grated carrot, beetroot or lettuce 30c

Hotdog (Vic Halal Meats) \$3.50

Pies \$3.50

*** GLUTEN FREE**

Meat Pie \$4.00

Bolognaise pasta \$4.50

Nuggets 3 pack \$3.00

6 pack \$4.50

Chicken Burger \$4.50

Choc chip cookie \$1.00

Delites (sour cream, salt & vinegar, Sweet chilli) \$1.00

Sandwich – see under sandwich bar

*** DRINKS (lunch orders only)**

☺ Chocolate or strawberry milk \$2.00

*** 200ml juice varieties**

Apple, orange, apple & blackcurrent, tropical \$2.00

Focus Water, lemonade, raspberry, fruit tingle \$2.00

*** SNACKS**

(lunch order and over the counter)

☺ Frozen orange quarter 30c

☺ Frozen pineapple ring 50c

☺ Seasonal fruit available \$1.00

☺ Apple Slinky \$1.00

☺ Watermelon Tubs \$3.00

☺ Carrot Sticks \$1.00

☺ Hard Boiled Egg \$1.00

*** Variety of popcorn flavours \$1.20**

*** Variety of JJ Snacks \$1.20**

*** Home made muffins mini 50c**

*** Cookie choc chip 70c**

Over the counter only

★ Paddle pop icy twist	\$1.00
★ Rainbow Paddle pop	\$1.50
★ Chocolate Paddle pop cup	\$2.00
★ Calippo mini	\$1.00
★ Zing Yoghurt Bar	\$1.00
★ Moozie,	\$1.00
★ Zupper Dupper	50c
★ Frozen Yoghurt tubs	\$2.00

Some items may contain traces of nuts

Prices are subject to change and include GST

☺ Everyday choices

★ Choose carefully

Please ensure correct money and only

Australian money is used for the lunch order.

Change will be given.

Your child may miss out on an item of choice if not enough money is enclosed.

Example Order

<i>Natalie Williams</i>	<i>Room 5</i>
<i>1 x chicken burger</i>	<i>\$3.50</i>
<i>With lettuce</i>	<i>.30</i>
<i>Tomato</i>	<i>.30</i>
<i>Mayonnaise</i>	<i>.20</i>
<i>1 x chocolate milk</i>	<i>\$2.00</i>
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	<i>\$6.30</i>