## Plenty Parklands Primary School Canteen Menu 2018

Orders can be placed on QKR or please write child's name, room number, order and any allergies or special dietary requirements clearly on a brown paper lunch bag. Lunch bags can be provided for 10c extra.

## © SANDWICH \& SALAD BAR

White or Wholemeal Bread
Roll, Wrap or Gluten Free Bread add 50c
Ham, Chicken, Tuna, e.g. or
Salad (lettuce, tomato, carrot,
$\begin{array}{ll}\text { beetroot, cucumber) } & \$ 3.50 \\ \text { Vegemite, tomato or cheese } & \$ 2.00\end{array}$
$\begin{array}{ll}\text { Vegemite, tomato or cheese } & \$ 2.00 \\ \text { Egg \& Lettuce } & \$ 3.00\end{array}$

| ei Extras (add) |  |
| :--- | :---: |
| Cheese, tomato, grated carrot, cucumber, or |  |
| beetroot | 30 c |
| Vegemite | 30 c |
| Ham, or egg | 50 c |
| chicken, tuna, avocado | $\$ 1.00$ |
| Toasted sandwiches (add) | 30 c |
| Toasted baked beans | $\$ 3.00$ |
|  |  |
| Garden Salad tub | $\$ 4.50$ |
| Ceasar salad | $\$ 4.50$ |
| Seasonal fruit salad tub | $\$ 4.50$ |

## *BURGERS

Please note beef burgers are home made
Burger; Beef/Chicken/Veggie/Fish \$4.00
© Extras (add)
Cheese, tomato, grated carrot, beetroot or
lettuce
30c

## *SAUCES

Tomato, sweet chilli and soy sauce,
mayonnaise or salad dressing
20c

* HOT FOOD

| Hot chicken roll or wrap | \$3.50 |
| :---: | :---: |
| () Extras add |  |
| Cheese, tomato, grated carrot, beetroot or |  |
| lettuce | 30c |
| Home made Lasagne | \$4.50 |
| Home made macaroni cheese | \$4.50 |
| Home made Spaghetti Bolognaise | \$4.50 |
| Home made Fried Rice (no meat) | \$4.00 |
| Pizza Hawaiian/Margherita | \$3.00 |
| Hot dog | \$3.00 |
| Dino Snacks 3 pack | \$3.00 |
| 6 pack | \$4.50 |
| Meat pie | \$3.50 |
| Home made sausage roll | \$3.00 |
| Pastie | \$3.50 |
| Party pie | \$1.00 |
| Home made party sausage roll | \$1.00 |
| Steamed Dim Sim | \$1.00 |
| Patizzi-Ricotta | \$1.00 |
| Corn Cob | \$1.00 |
| * HALAL |  |
| Chicken Nugget (Baiada) 3 pack | \$3.00 |
| 6 pack | \$4.50 |
| Chicken/Fish burger | \$4.00 |
| () Extras add |  |
| Cheese, tomato, grated carrot, be | troot or |
| lettuce | 30c |
| Hotdog (Vic Halal Meats) | \$3.50 |
| Pies | \$3.50 |

* GLUTEN FREE

| Meat Pie | $\$ 4.00$ |
| :--- | :--- |
| Bolognaise pasta | $\$ 4.50$ |
| Nuggets | 3 pack |
|  | 6 pack |

Sandwich - see under sandwich bar

* DRINKS (lunch orders only)
© Chocolate or strawberry milk \$2.00
*200ml juice varieties
Apple, orange, apple \& blackcurrent, tropical$\$ 2.00$

fruit tingle

\$2.00

* SNACKS
(lunch order and over the counter)

| ©Frozen orange quarter | 30c |
| :--- | :--- |
| ()Frozen pineapple ring | 50 c |

© Seasonal fruit available $\$ 1.00$
© Apple Slinky \$1.00
-)Watermelon Tubs $\$ 3.00$
© Carrot Sticks \$1.00
-Celery Sticks $\$ 1.00$
© Hard Boiled Egg \$1.00

* Variety of popcorn flavours \$1.20
* Variety of JJ Snacks \$1.20
* Home made muffins mini 50c


## Over the counter only

| * Paddle pop icy twist | $\$ 1.00$ |
| :--- | :---: |
| * Rainbow Paddle pop | $\$ 1.50$ |
| * Chocoloate Paddle pop cup | $\$ 2.00$ |
| * Calippo mini | $\$ 1.00$ |
| * Zing Yoghurt Bar | $\$ 1.00$ |
| * Moozie, | $\$ 1.00$ |
| * Zupper Dupper | 50 c |
| * Frozen Yoghurt tubs | $\$ 2.00$ |

Some items may contain traces of nuts
Prices are subject to change and include GST
© Everyday choices

* Choose carefully

Please ensure correct money and only
Australian money is used for the lunch order.
Change will be given.
Your child may miss out on an item of choice if not enough money is enclosed.

Example Order

| Natalie Williams | Room 5 |
| :--- | ---: |
| 1 x chicken burger | $\$ 3.50$ |
| With lettuce | .30 |
| Tomato | .30 |
| Mayonnaise | .20 |
| 1 x chocolate milk | $\$ 2.00$ |
|  | $\$ 6.30$ |

