

# Plenty Parklands

#### **Calendar of Events**

Week 2	
Thursday 27/4	Dental van examinations
Friday 28/4	Dental van examinations
Week 3	
Monday 1/5	Dental van treatments all week
Tuesday 2/5	• Year 6 Canberra tour begins
Wednesday 3/5	<ul> <li>Year 2 excursion to Melbourne Zoo</li> <li>Year 6 non campers to Melbourne Parliament house</li> </ul>
Friday 5/5	Year 6 students return from Canberra
Week 4	
Monday 8/5	<ul> <li>4-32 3 way conferences 4.00 to 5.30pm</li> </ul>
Tuesday 9/5	<ul> <li>NAPLAN</li> <li>4-32 3 way conferences 4.00 to 8.00pm</li> <li>Parent volunteer training 6 to 6.30pm</li> <li>School Council meeting 7pm</li> </ul>
Wednesday 10/5	<ul> <li>Mother's Day stall</li> <li>Parent volunteer training 9.15 to 9.45am</li> <li>NAPLAN</li> </ul>
Thursday 11/5	<ul> <li>NAPLAN</li> <li>2pm Tour &amp; Chat with Principal</li> </ul>
Week 5	
Monday 15/5	Chris Daicos Strength Based Parenting session 7-9pm
Wednesday 17/5	PPPS Y4/5/6 Athletics Day at Meadowglen Athletics track
Thursday 18/5	Preps excursion to Chesterfield Farm
Friday 19/5	P-4 Dance program begins

The PURPOSE of Plenty Parklands Primary School is to educate children as lifelong learners to shape a better Australia.

## **Principal's Message**

Congratulations to our year 5 campers, staff and parent volunteers who had a very successful camp last week. Thank you to the parents who entrusted us with their children, we appreciate it is a big thing to leave your child in someone else's care for a number of days, and we take that responsibility very seriously. Special thank you to Maria Mina, Kathleen Allen, Youssef Ahmad and Nicole Dindevski, our enthusiastic parent volunteers who worked hard to support the staff and kids, you all did a fantastic job. Special thanks also to our staff, Diana Mitrevski, Andy Broadbent, Lachlan Challis, Kristy Caruso and the camp coordinator, Katrina Gouramanis, who gave up time with their own family to give our kids an unforgettably positive camp experience. Last, but not least, congratulations to our year 5 students who lived by the values and made the most of their time away.

As we head into winter and possibly more of Wednesday's heavy rain, reminder to leave earlier than usual, as we all know delays can happen on those bad weather days. Bad weather or not, it is still important that children arrive on time for school. Every minute counts.

Thanks for your understanding and for making different arrangements for your child on Monday. Staff spent the day working on the teaching of writing, including the use of a Writer's Notebook. While for some of our staff this was new work, a number of teachers had already been to professional learning on Saturdays and were able to share their practice with us. It was a 'full on' day and we appreciate your support, as everything we learn will be used to improve our kids' learning opportunities and achievement.

Wednesday was a busy day as all students were involved in the St John Ambulance First Aid in Schools program. Preps and year 1's discussed how to identify dangers in their surroundings, and how to ring for help and what to say when using 000. Year 3's and 4's learnt DRSAB; Danger, Response, Send for help (000), check Airway and check for Breathing. They also practised the Recovery Position. The 5's and 6's had an additional focus on CPR skills if a person was not breathing and practised this technique using mannequins. It was a great opportunity for our kids to learn from professionals.

Please spend some time chatting about and reinforcing our six values with your child/children. The connection and cooperation between home and school is extremely important to make these values really 'come alive'.

#### Our VALUES are

A FAIR GO FOR ALL - I live by Australia's tradition of democracy and freedom. I live in harmony and am open minded to diversity. HONESTY – I tell the truth, even when it is difficult. **RESPECT** – I treat others as I would like to be treated, with kindness and courtesy.

TRUST – I am responsible and do the right thing.

CARE - I am kind to others and am considerate of their feelings.

PERSONAL ACHIEVEMENT - I put in my best effort, individually and as a team member, by being persistent, resilient and responsible for my

#### 2018 PREP ENROLMENTS

Enrolment packs for 2018 are now available for siblings of current students at PPPS. Packs are available for collection from the school office.

Principal - Claire McInerney Assistant Principals - Julie Nixon and Alison Devereux Business Manager - Kristina Elvey 48 Blossom Park Drive, Mill Park, 3082 Phone: 9404 4311, Fax: 9404 4702 E-Mail: plenty.parklands.ps@edumail.vic.gov.au

#### PRINCIPAL'S MESSSAGE CONTINUED

Last chance to support the wonderful work *beyondblue* does to provide information and support to help everyone in Australia achieve their best possible mental health, whatever their age and wherever they live. One of our parents is organising a ladies night with proceeds going to *beyondblue*.

<u>Choose Happy Ladies Night</u> Leading up to Mother's day you deserve a night off and what a way to do it! Let's get



together and connect for an awesome cause. Some of us may have been there. What I'm talking about is feeling blue and this is something that I experienced firsthand with post natal depression. I want to bring us together as mums and friends to break the silence and support beyondblue.

Join us in this fundraiser on Saturday 29th April 8.00PM Groove Train Westfield Plenty Valley \$27 pp Dress is cocktail (prize for best dressed!) Complimentary Sparkling and finger food

Amazing raffle prizes including gift vouchers, gym membership, hamper, lollipops family pass plus more!! There will also be Pop Up Stalls and a Zumba display by Leila.

Tickets can be purchased online at <u>www.eventbrite.com/e/choose-happy-ladies-night-tickets-32835134772 or con-</u> tact Karina 0432585232. Proceeds go to beyondblue.

## LOST PROPERTY

To save money, name **ALL** your child's/children's clothing with **both given and family names**. If property is lost, first check your child's classroom (or specialist class they may have attended), then look in the Lost Property basket outside the courtyard entrance to the Administration Block and then the Lost Property cupboard in the disabled bathroom in the Administration block. This cupboard is accessible before 9.00am and after 3.30pm. A parent volunteer sorts through the items at the end of each week and those items that are named are returned via their teacher's pigeon hole.



Any uncollected items of clothing will be donated to a charity at the end of the term.

## **Volunteer Helpers at PPPS**

Please note that if you attended a training session in the past, you do NOT need to attend another one. 'Once trained, we have you for life!'
For new volunteers we are offering two briefings this term

So that we can strengthen our interdependent partnership between Plenty Parklands school and the community we offer training sessions for parent and community members. Over the years our students have benefited from the work and dedication of hundreds of helpers. We are always ready and willing to welcome even more. You may be a new member of our community and keen to offer your help while also getting to know other community members.

The sessions will outline your role and responsibilities with regard to Privacy, Work Cover, Harassment and Occupational Health and Safety legislation. In line with our values, particularly those of Care, Trust and Respect, you will understand that the safety and care of your children are the most important considerations when implementing a program such as volunteer helpers. Also **with legislation related to a range of issues it is imperative that ALL volunteers are briefed before they are able to help in any way at school. You need only attend one of the briefings.** 

This training includes everyone who would like to start to help in any or all of the following areas; canteen, Parents Social and Fundraising sub committee (PSF), interschool sport, uniform shop, classroom helpers (in any area of the curriculum), excursions, special event days, fun day at the end of the year, fruit distribution, gardening, sports coaching, P.E. programs such as the Prep Perceptual Motor Program (PMP) and any transportation of students. In fact, anyone who helps at the school in any way. Please note that helpers on school camps have a special briefing prior to camp. The dates for term 1 are:

Tuesday 9 May 6:00 to 6:30 p.m. or Wednesday 10 May 9:15 to 9:45 a.m.

**Remember that you need to participate in a training session in order to help in any capacity at the school.** The briefing takes about 30 minutes and will be held in the conference room (library) or staff lounge (staff room).

After completion of this short briefing, you will be welcome to help at PPPS at any time in the future in a 'one off' or ongoing situation.

Please see this invitation as an opportunity to get to know other members of our school community while also providing the students of PPPS with invaluable support and assistance.

Don't worry; there are no hard questions to answer or problems to solve. You just need a willingness to help and we'll do the rest!! We look forward to seeing you at one of these sessions.

### PLEASE SEE PATH BELOW TO REGISTER YOUR ATTENDANCE

For information about Volunteer Training and to register your attendance for one of these sessions please go to the PPPS webpage. Follow the path; Forms and Notices, Volunteers, Volunteer Training for

### STUDENT PERSONAL DETAILS

Have you changed your address, home telephone number, email address, work telephone number, mobile telephone number, custody restrictions or medical details? If so, please keep the office informed of ANY changes to details relevant to your child/ren attending our school. It is vital that these records are kept up to date so we can reach you in case of an emergency. We need to make sure your child receives the best care we can offer.



## YEAR 5 FOREST EDGE CAMP





The first week of term two saw five teachers, four parents and 90+ very excited Year 5 students head to camp at Forest Edge.

After settling into their cabins an afternoon of activities in the sunshine was held prior to dinner. An evening around the camp fire followed, with all being entertained and left wondering by Mr Broadbent's mind magic!

Wednesday was a gloriously sunny day and and students rotated through activities led by camp staff, teachers and parents including bush art, camp cooking, a low ropes course, the flying fox, river sledding, mountain boarding and hut building. A movie night rounded out the day prior to bed.

Thursday was yet another brilliantly sunny and warm day. Again the children challenged themselves with the activities and then they challenged each other during an afternoon of Survivor. Not only competing against each other, this also saw them compete against the team of teachers and parents, which resulted in some wet participants on either side but the smiles and laughter made it all worthwhile. A disco rounded off the evening before all fell into bed for a well deserved sleep.

The students showed the school values in all that they did, duties at meal times were completed without complaint (and with a competitive edge!) and meals themselves were requested with manners...and no one could complain about the food, there was a lot of it at all breaks (and I'm sure that we are all carrying extra kilos because if it!)

The Year 5s certainly had fun, and lots of it, each day and night. That in turn made it fun for ourselves, the parents, Nicole D, Youssef A, Maria M and myself.

But the real recognition goes to Mrs Mitrevski, Mr Broadbent, Miss Gouramanis, Mr Challis and Ms Caruso. Their efforts prior to and during the camp are what made it fun, educational and well run. Their tireless efforts on camp will not be forgotten so *thank you*; although thank you is simply not enough.





# Lights Off Art Competition



The PPPS Green Cadets are holding a school-wide art competition to design a sign that says "Lights Off" that will be displayed in each classroom. There will be one winner per year level voted by peers. Please send the submissions to Room 11 by **May 11**<sup>th</sup>.

Children must complete it independently (parents may be required to assist with writing).

It must be on A4 paper.

It must be 5 star work.

The heading must be large, clear, and say "Lights Off." Posters must have hand drawings relevant to the heading (no clip art).

It must be creative and eye-catching.

Your name and home group must be written on the back.

Good luck!

-Mrs. Sibio, Ms. Newton and the Green Cadets

# Plenty Parklands Primary School invites you to a parent forum with

# **CHRIS DAICOS**

# STRENGTH BASED PARENTING

# Monday 15 May 2017 7:00 – 9:00 p.m.

#### A Positive, Respectful, and Inspiring Approach to Maximising the Potential in Every Child

Research now informs us that parents can have a positive impact on their children's stress levels and play a significant role in helping to cultivate wellbeing and buffer against ill-being for their children (Middlebrooks & Audage, 2008). Strengths-based parenting is an approach where parents seek to identify and develop positive states, processes, and qualities in their children.

This workshop will introduce parents to a Strengths-Based Parenting framework based on current research. It will focus on how parents can immediately begin to identify and cultivate positive qualities, positive states and positive processes in their children (Waters, 2015).

This Strengths-Based Parenting Workshop focuses on identifying and understanding what your children are naturally good at and where they thrive — not on their weaknesses. It is a unique opportunity to learn and apply the latest evidence based strategies from positive psychology and neuro-science for yourself, your children and your unique family circumstances.

Research shows that children and teenagers who have strength-based parents:

- Have higher levels of life satisfaction
- Have a better understanding of their own strengths
- Cope with conflict in more pro-active ways
- Use their strengths to help them meet homework deadlines
- Have lower levels of stress.

Discover how to bring out the best in yourself and your children by making the awareness and development of strengths a natural part of your family (Seligman, Ernst, Gillham, Reivich & Linkins, 2009).

As a trained social worker and teacher, Chris has extensive experience in working directly with children and adolescents and supporting staff. Chris has facilitated many successful professional development sessions for teachers and parents within the private and public sectors on a range of topics from staff and student welfare to

### PLEASE SEE PATH BELOW TO REGISTER YOUR ATTENDANCE

For information about Chris Daicos forum and to register your attendance please go to the PPPS webpage. Follow the path; <u>Forms and Notices, Chris Daicos</u>

Assembly roster				
TERM 2				
1/5	Whole school assembly	4-32 performance		
8/5	Years 3-6	3-18 performance		
15/5	Years Prep-2	1-23 performance		
22/5	No assembly—Report Writing day			
29/5	Years 3-6	5-6 + 5-5 performance		
5/6	Years Prep-2	1-22 performance		
12/6	No assembly—Queen's birthday			
19/6	Years 3-6	5-3 + 5-4 performance		
26/6	Years Prep-2	1-21 performance		
30/6	Whole school	End of term 1pm		

<u>Note:</u> Preps will be attending their first assembly on Monday 1<sup>st</sup> May but will commence getting their Student of the Week awards on the 15th May.

LOST PROPERTY ROSTER			
Fri	21/4	Anna Lettia	
Fri	28/4	Pamela Hatzipanagiotidis	
FIRST AID LINEN ROSTER			
L 1.	11/01	HID DIMEN ROSIER	
Fri	21/4	Anna Lettia	



**SUNSMART TERM 2** Reminder last day for sunsmart hats is Friday 28th April.



#### Wednesday 10th May 2017

All gifts only \$5.00 Please see full flyer on your Compass portal.



#### **VOLUNTEERS NEEDED**

If you would like to help on the Mother's Day Stall

To register your attendance please go to the PPPS webpage. Follow the path; Volunteers / Mother's Day volunteers <u>Thank you</u>

## YEARS 5/6 SPORT PROGRAM 2017

#### SPORT

#### 5/6 SPORT PROGRAM 2017

Interschool Sport Program - Round 1 Friday April 28th

All games to commence by 9.30am. First named school is the home team and PPPS home grounds are - Hot Shots Tennis and Netball played at PPPS, Football at Kelynack Reserve (across the road) and Soccer at RMIT (McKimmies Road)

PPPS Bushrangers Vs St Damian's (friendly game) Findon P.S. Vs Redbacks (away).

For away games this week: Netball, Hot Shots Tennis and Soccer at Findon P.S. Football is at WA Smith Reserve.



**Intraschool Sport Program: It is being run at the YMCA, Epping Leisure (Miller St. Epping).** The Intraschool Sports program will run on the following Friday's: April 28th, May 12th, 19th, 26th, June 2nd, 9th, 16th, 23rd and 30th. If there are parents who are available to travel on the bus to and from the venue please fill in the form and return it to school as soon as possible. Also you may contact Mr Scanu directly on

scanu.sebastian.s@edumail.vic.gov.au. or Julie Gatt on gatt.julie.m@edumail.vic.gov.au A phone call will be made to confirm the parents attendance on any given date.

#### BAT TENNIS ORDERS (TERM 2)- HALF PRICE!!!!! Previously \$14 now \$7.00

If your child is interested in placing an order for a new bat tennis bat please carry out the following instructions; Place your child's name, home group and the words bat tennis bat along with \$7.00 in an envelope and hand it to Mr Scanu or Mrs Cadee in the front office. We have a limited number of bats available so it will be first in best dressed!



#### Sporting Star of the week!

Aathana from 2-26 is an athletics star. For the second year in a row she has won four medals and one trophy at the Whittlesea City Little Athletes Championships which were held at the Meadowglen Athletics track in Epping on March 18<sup>th</sup> & 19<sup>th</sup>. Pictured is Aathana with her medals, trophy and certificates.

Medals: 1<sup>st</sup> in discus, 1<sup>st</sup> in long jump, 2<sup>nd</sup> in 200m and 2<sup>nd</sup> in 300m. Trophy: 3<sup>rd</sup> overall winner in the entire club for the season (under 7 girls). What an achievement!



#### **BDSSA CROSS-COUNTRY 2017**

This year on Wednesday May 24th the annual district cross-country will be held at Bundoora Park from 9.30am-12.30pm. There will be approximately 60 students representing PPPS. The squad has been selected and a permission note handed out. If you have any questions relating to this event please ring the school and ask for Mrs Gatt on either



Tuesday, Wednesday or Friday on 9404-4311.



#### Whittlesea/Woodlands Divisional and NMR Trials (Basketball, Soccer, Netball and Football)

Please be aware trials are currently running and that all students who have registered through SSV (School Sport Victoria) need to be present for these trials. If for some reason a child is unable to attend

a medical certificate stating reason for illness and the time off is required. Good luck to all students who have nominated.

#### Watsonia Heights Junior FC requires Under girls for the 2017 seasor

WHJFC have a strong female participation with all girls teams from U12 – U18. There are positions available in a number of teams.. Season kicks off mid April.

Training nights are at Elder St Reserve Watsonia.

Come and have a kick. For all enquiries contact Chris 0408 290876 or whjscpresident@gmail.com



## ENTERTAINMENT BOOK THE PERFECT MOTHER'S DAY GIFT



Support our School by buying the NEW 2017 | 2018 Entertainment Membership for your Mum, other family members, or even spoil yourself this Mother's Day. Entertainment Memberships are filled with hundreds of valuable offers for everything you love to do, and you'll be helping our fundraising at the same time!

# With just a few of these offers, the cost of the Membership will quickly be covered.



Please show your support by visiting the link below and purchasing your Membership today:

www.entertainmentbook.com.au/orderbooks/182g893

For any enquiries please contact:



Opening Hours: 7.00-8.45am and 3.30-6.00pm For bookings/cancellations call Kristine on 9404 4516

#### AUTUMN

MONDAY: Math's Challenge TUESDAY:Football skills WEDNESDAY: Mother's day craft/Autumn leaf prints THURSDAY: Construction/fun with music FRIDAY: Indoor and outdoor activities

Children have been working on our autumn display board. We took them on a nature walk and collected many colourful leaves and gumnuts for our nature table.

For booking go to www.campaustralia.com.au

#### Save on Care

Save 50% or more on Before and After School Care with the Child Care Rebate. Almost all families are eligible. To find out more call our Customer Service Team on 1300 105 343

#### Holiday Clubs

Don't forget about the Camp Australia Holiday Clubs these school holidays. Use the Holiday Club Finder on the website to find the nearest program: www.campaustralia.com.au/ holidayclubs

#### Healthy Snacks

Afternoon tea is served daily. Menus are tailored to children's tastes, developmental and nutritional needs. Afternoon tea includes a selection of yummy sandwiches and fruit. Children may also engage in fun cooking activities.

#### we make Kids smile

www.campaustralia.com.au

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